

Joint Information Center

NEWS

For Immediate Release

3/24/2020

Joint Information Center

San Joaquin **Operational Area**

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Current Status

- 60 confirmed cases of COVID-19 in San Joaquin County as of 1600 today
- 2 COVID-related deaths San Joaquin County
- In California, there are 1,733 active cases and 27 deaths as of 1400 on 3/22/20
- "Stay at Home" order from the San Joaquin County Public Health Officer and the Director of Emergency Services was issued on 3/21/20. This supersedes the order issued on 3/20/20 by the Director of Emergency Services. The latest order continues to implement Executive Order N-33-20, issued by Governor Newsom on 3/19/20.
 - Nixle Alert via 888777 text COVIDSJ.
 - Spanish Order and FAQ was shared
 - Working on
- Cities of Stockton, Tracy, Manteca, Lathrop, Lodi, Ripon, and Escalon have proclaimed local emergencies
- San Joaquin County Public Health Services Declared a Local Health Emergency.
- San Joaquin County OES has Proclaimed a Local Emergency
- San Joaquin County Joint Information System activated through OES
- All San Joaquin County Schools closed. No information on private or charter schools
- PHS staff have developed presentations for different community groups that are being scheduled. Target audiences include those serving the homeless, older adult populations, and families. Requests for presentations for small in-person groups, live webinar, teleconferences, and recorded YouTube videos can be made by contacting Rex Anne or Katelynn at Health Promotion at 953-7309.
- Another significant event from Stockton Unified School District to provide information to the community is this Telephone Town Hall Meeting: https://www.facebook.com/events/550855022303991/?active tab=about

CURRENT MESSAGING

- Questions about COVID-19 in San Joaquin County should Call 2-1-1
- Want current information about COVID-19 in San Joaquin County? Text the word "covidsi" to 888777 to sign up.
- Public Health Services (PHS) staff are NOT going to residents' homes directly to test for or report COVID-19 positive tests. If staff need to visit a home or business for other reasons, they are required to identify themselves and show their PHS-issued identification. In addition, they are more likely to contact

individuals by phone first and limit direct contact with individuals. If you are approached by someone suspicious claiming to be from Public Health, call 9-1-1 immediately.

- Residents can travel to and from work (in and out of county), if deemed by employers as Essential Workers based on State guidance. https://covid19.ca.gov/img/EssentialCriticalInfrastructureWorkers.pdf
- Additional messaging ideas that we will start to promote in our "recommendations" (exact wording TBD):
 - Follow the Stay-at Home order without doing that we can't get COVID-19 under control;
 - We have to flatten the curve of the positive COVID-19 cases and we accomplish that by having people staying at home, so "they" aren't out there to get infected and "they" aren't out there to spread infection;
 - Even if you are asymptomatic, you could have COVID-19, so you still need to practice social distancing and staying at home, along with practicing all the other daily preventive care actions;
 - Act as if you already have COVID-19.

COVID-19 RECOMMENDATIONS:

Practice daily preventive care

Every person has a role to play. The best way to prevent infection is to avoid being exposed to this virus. However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory viruses that are the same precautions you would take to avoid the flu including:

- Wash your hands frequently with water and soap for at least 20 seconds, especially:
 - o after going to the bathroom,
 - o before eating, and
 - o after blowing your nose, coughing or sneezing.
- If water and soap are not readily available, use an alcohol-based sanitizer with 60%-95% alcohol.
- Avoid touching your eyes, nose and mouth.
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash. If tissues are not available, cough or sneeze into the inside of your elbow.
- Avoid close contact with people who are sick.
- Stay home if you become sick with respiratory symptoms like fever and cough.
- Clean and disinfect frequently touched objects and surfaces at home, work and school.
- Practice healthy habits: get plenty of sleep, be physically active, manage your stress, drink plenty of fluids and eat nutritious food.
- If you have not received your annual flu shot, please schedule one with your provider to help protect yourself against the flu.
- CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.

Stay Informed

This is a rapidly evolving situation. We encourage you to check the following websites and their social media accounts routinely:

- California Office of the Governor www.covid19.ca.gov
 - Toolkit
- Centers for Disease Control and Prevention (CDC) webpage https://www.cdc.gov/coronavirus/2019-ncov/index.html
- California Department of Public Health (CDPH) webpage https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx

- San Joaquin County Public Health Services (PHS) website http://www.sjcphs.org
- CDC Website for COVID-19 o Mitigation Strategies for Communities with Local COVID-19
 Transmission
 - o CDC's tips on How to Manage Stress and Anxiety
 - What you need to know about Coronavirus disease 2019 (COVID-19), Eng/Spa
 - What to do if you are sick with Coronavirus disease 2019 (COVID-19), Eng/Spa
 - Stop the spread of germs, English/Spanish
- California Dept. of Public Health (CDPH) Website for COVID-19 o Stay At Home Order of the San Joaquin County Public Health Officer and Director of Emergency Services
 - All CDPH COVID-19 Guidance Documents: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Guidance.aspx
- - o Guidance for Schools and Childcare Providers COVID-19 (3/13/20)

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